

19th Annual OREGON GERIATRICS SOCIETY CONFERENCE

October 5-7, 2018 - Sunriver, Oregon

CONFERENCE OBJECTIVES

The Oregon Geriatrics Society conference is designed for physicians, nurse practitioners and other health care professionals who work with older adults in various care settings. At the conclusion of this activity, participants will be able to:

- Identify common oral conditions in older persons and describe oral-systemic relationships.
- Follow a paradigm to guide medication prescription & decription.
- Perform at least three tests to assess balance and mobility.
- Identify “triggering events” and appropriate interventions to assist families.
- Recognize the widespread impact of trauma and prevalence rate of trauma and stress-related symptoms in older adults.

TUITION AND REGISTRATION

Registration: Early registration is encouraged as enrollment may be limited. To help meet administrative costs, a \$30.00 service charge will be assessed on all refund requests received by September 15; no refunds can be issued after that date. Should conditions warrant, the sponsors reserve the right to cancel this program with a full tuition refund.

NOTE: You must be a paid member of the Oregon Geriatrics Society in order to take advantage of the member conference rate. Any non-members utilizing the member rate will be invoiced for membership dues. You can pay your dues online by visiting the OGS website www.oregongeriatricsociety.org Print the membership form and scan or fax to the OGS office – then pay dues via PayPal. You will receive a receipt for paid dues. Alternatively, contact OGS and request a membership form.

Oregon Geriatrics Society Committees: Participate in an OGS Committee Meeting on Sunday morning and bring your ideas for OGS operations and growth. Choose from Public Affairs, Education or Membership.

ACCOMMODATION

Accommodations: Sunriver Resort offers program attendees a special rate of \$189.00 for Lodge Village Guest Rooms, \$249.00 for Lodge Village Suites, and \$239.00 for River Lodge Guestrooms (tax and resort fee not included). Please call 1-800-547-3922 for reservations and be sure to mention Oregon Geriatrics Society. The room block will be released on August 25, 2018 and is subject to sell-out prior to that date.

ACCREDITATION & CREDIT

This activity has been planned and implemented in accordance with the accreditation requirements and policies of the Accreditation Council for Continuing Medical Education (ACCME) through the joint providership of OHSU School of Medicine and the Oregon Geriatrics Society. The OHSU School of Medicine is accredited by the ACCME to provide continuing medical education for physicians.

American Medical Association: Oregon Health & Science University School of Medicine designates this live activity for a maximum of 16.0 *AMA PRA Category 1 Creditssm*. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

American Academy of Family Physicians: This Live activity, 2018 Oregon Geriatrics Society 19th Annual Conference, with a beginning date of 10/05/2018, has been reviewed and is acceptable for up to 16.00 Prescribed credit(s) by the American Academy of Family Physicians. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

American Medical Directors: Application for CMD credit has been filed with the American Board of Post-Acute and Long-Term Care Medicine. Determination of credit is pending.

American Nurses Credentialing Center: Recognizes *AMA Category 1 CreditsTM*.

American Osteopathic Association: The American Osteopathic Association states CME programs sponsored through organizations that are *AMA Category 1 CreditsTM* accredited or AAFP-approved are eligible for AOA Category 2 CME credit.

Oregon Community-Based Care Administrators: The State of Oregon, Oregon Department of Human Services, approves this conference for CEU's, for Administrators of Assisted Living, Residential care, and Memory care

Oregon Nursing Home Administration Board: The Oregon Health Authority/Health Licensing Office approves this course for 16.00 general hours.

Physician Assistants: The National Commission on Certification of Physician Assistants (NCCPA) states that the *AMA Category 1 CreditsTM* are acceptable for continuing medical education requirements for recertification.

Washington Nursing Home Administrators: Washington State Department of Health may accept courses that meet the standard of relevance to specific practice.

If you have a disability and require assistance to participate in the conference, please contact Mary Olhausen at 360-892-1814 or email omary52@comcast.net as early as possible, but no less than twenty (20) business days before the meeting.

PROGRAM

FRIDAY OCTOBER 5, 2018

- 7:00 REGISTRATION / BREAKFAST / EXHIBITORS
- 8:00 **Welcome and Introduction to the Course**
- Juliana Bernstein, MPAS, PA-C
- 8:10 ***Update in Geriatrics 2018: What a Year for Older Adult Research!*** - Elizabeth Eckstrom, MD, MPH, MACP
- 9:10 ***A Trauma-Informed Approach to Geriatric Care***
- Sara Phillips, PsyD
- 10:10 BREAK / EXHIBITORS
- 10:45 ***Families: Your Patient Has One!***
- Liz von Wellsheim, GNP, MSN, MA
- 11:45 LUNCH
- 12:20 ***Adapting Care of the Patient with Multi-Morbidity and with Limited Life Expectancy***
- Barbara Messinger-Rapport, MD, PhD, FACP, CMD
- 1:20 BREAK
- 1:30 ***Shall We Dialyze Grandma? The Technological vs. the Moral Imperative*** - Sharon Anderson, MD, MACP
- 2:30 BREAK / EXHIBITORS
- 3:05 ***Adult Protective Services and Health Care Providers: A Collaborative Path Forward***
- Ann McQueen, PhD and Nicki Holmes, BA
- 4:05 ***Seeing is Believing, or Maybe Not: Skin Cancer in the Older Adult*** - David Trask, MD
- 5:05 ADJOURN - DINNER on your own
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PROGRAM

SATURDAY, OCTOBER 6, 2018

- 7:00 BREAKFAST / EXHIBITORS
- 8:00 **Announcements** - Juliana Bernstein, MPAS, PA-C
- 8:10 ***Deprescribing: Facts and Fantasy***
- Barbara Messinger-Rapport, MD, PhD, FACP, CMD
- 9:10 ***Hazards Of Hospitalization for Older Adults: Five Vignettes***
- Juliana Bernstein, PA-C, MPAS
- 10:10 BREAK / EXHIBITORS
- 10:45 ***Common Oral Diseases in Older Adults***
- Richie Kohli, BDS, MS
- 11:45 LUNCH on your own
- 1:15 ***Safety and the Older Adult: Perspective of the Oregon Medical Board*** - Shirin Sukumar, MD
- 2:15 **BREAKOUT A: *Falls in the Older Adult: Tools for Your Practice*** - Lisa Miura, MD and Ron Blehm, PT
- BREAKOUT B: *Common Injectable Geriatric Conditions***
- Charles Webb, DO
- BREAKOUT C: *Skin Biopsies In The Older Adult***
- Darin Prulhiere, MD, MS, CMD
- 3:15 ***Palliative Care and Hospice: It's Too Soon, Until it's Too Late***
- Diane Kosmatka, RN, CHPN
- 4:15 ADJOURN
- 4:20 RECEPTION / POSTER COMPETITION
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PROGRAM

SUNDAY, OCTOBER 7, 2018

- 8:00 **BREAKFAST – COMMITTEE MEETINGS**
Education / Membership / Public Policy / Mentorship
- 9:00 **Announcements** - Juliana Bernstein, MPAS, PA-C
- 9:10 ***The Healthy Aging Brain*** - David Mansoor, MD
- 10:10 BREAK
- 10:20 ***Do's and Don'ts of Direct Oral Anticoagulants***
- Thomas DeLoughery, MD, MACP
- 11:20 ***Driving Evaluation – When and How to Take Away the Keys***
- Emily Morgan, MD
- 12:20 ADJOURN
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FACULTY

Sharon Anderson, MD, MACP, Professor of Medicine, Division of Nephrology & Hypertension; Executive Vice President and Dean, School Of Medicine, OHSU

Juliana Bernstein, PA-C, MPAS, Assistant Professor; Co-Director, Inpatient Geriatrics Program, Division of General Internal Medicine & Geriatrics, OHSU

Ron Blehm, PT, CEEAA, CSFI, Physical Therapist, VA Portland Health Care System, Portland, OR

Thomas DeLoughery, MD, MACP, Professor of Medicine, Division of Hematology & Medical Oncology, OHSU

Elizabeth Eckstrom, MD, MPH, MACP, Professor And Chief, Division Of General Internal Medicine & Geriatrics, OHSU

Nicki Holmes, BA, Adult Protective Services - Field Supervisor D11 - Klamath/Lake Counties, Oregon Department Of Human Services/Aging & People With Disabilities – Salem, OR

Richie Kohli, BDS, MS, Diplomate, American Board of Dental Public Health; Assistant Professor, Department of Community Dentistry, School of Dentistry, OHSU

Diane Kosmatka, RN, CHPN, Palliative Care Manager, Providence Medford Medical Center, Medford, OR

David Mansoor, MD, Associate Professor Psychiatry, Geriatric Psychiatrist, OHSU & VA Portland Health Care System

Ann McQueen, MS, PhD, Adult Protective Services, Administrator, Safety, Oversight, & Quality Unit, Oregon Department Of Human Services/Aging & People With Disabilities, Salem, OR

Barbara Messinger-Rapport, MD, PhD, FACP, CMD, HMDC, Associate Professor, Cleveland Clinic Lerner College of Medicine Department of Medicine. February 2010 to present. Northeast Ohio VA Medical Center, Cleveland, OH

Lisa Miura, MD, Associate Professor of Medicine, Division of Internal Medicine & Geriatrics, OHSU; Geriatrician – VA Portland Health Care System

Emily Morgan, MD, Assistant Professor of Medicine, Division of Internal Medicine & Geriatrics OHSU; Medical Director of Mirabella Skilled Nursing and Memory Care

Sara Phillips, PsyD, Licensed Clinical Psychologist, Oregon State Hospital

Darin Prulhiere, MD, MS, CMD Medical Director, Rogue Valley Manor, Medford, OR

Shirin Sukumar, MD, Geriatrician, Medical Director, Geriatrics - Legacy Medical Group - Portland, OR, Affiliate Assistant Professor, OHSU

David Trask, MD, Dermatologist, Medford, OR

Liz Von Wellsheim, GNP, MSN, MA, CEO and Medical Director , Elderhealth & Living Memory Village, Springfield, OR

Charles Webb, DO, Primary Care Sports Medicine. Director, Legacy Medical Group – Orthopedics And Sports Medicine, Legacy Good Samaritan Medical Center, Portland, OR