



## **OREGON GERIATRICS SOCIETY – NEWSLETTER**

March 2011

Welcome to our Winter 2011 Newsletter of the Oregon Geriatrics Society! It is our mission to provide you with the latest information on the Geriatric front. We have the ability to make this organization anything that we envision it to be. It is together as a coalition of geriatric specialists, we can continue to provide compassionate and evidenced based care to our patients.

### **WORDS FROM THE PRESIDENT**

This organization has grown into a solid, collaborative group. The annual conference has become the highlight of my geriatric education every year. The 2010 Annual Conference was excellent and provided us with clinical pearls and research from our colleagues. I enjoyed moving in the Tai Chi session, led by Dr. Li, learning more about concerns regarding anti-coagulation from Dr. DeLoughery and learning more about the role of Speech Therapists in our practices from Aimee Mooney. The surveys that are completed by the attendees are quite important to the Education Committee and the Board. Some of the comments this year include- “dynamic speakers”, “fantastic as usual” and “thought provoking and useful.” There were recommendations to increase Nurse Practitioner presenters and more time for questions with the presenters. Mark your calendars for the next OGS Annual Conference at Sunriver, Oregon- October 7-9, 2011!

In my new role as President for OGS, it is my goal to improve my voice, and our voice in the role of advocating for the elderly population. There have been incredible changes in health care in the last year. And whatever political or personal opinion any of us have regarding this health care change, it is our responsibility and pledge of our chosen profession to do right by our patients. Part of this is through our role as advocate. We all have busy lives and busy careers, the simple fact that what happens in Washington and Salem affects our everyday lives. Through the help of Dr. Tina Kitchin, I am receiving emails regarding congressional goings-on in Salem. I will start participating in a bi-monthly phone conference with the board on issues related to Adult Protective Services. I also learn more from the Oregon Medical Association State Medical Specialty Society quarterly meetings. This committee is made up of the Presidents and Executive Directors of all the State Medical Specialty Societies in Oregon as well as OMA representatives that are active in Salem. It is my goal to disseminate that information to the OGS membership.

There are three active committees in OGS- the Education Committee, spearheaded by Elizabeth Eckstrom, MD, MPH, and Allison Lindauer, RN, FNP. The Annual Conference that the Education Committee puts together every year is stellar, current, and evidenced based. The Membership Committee looks at ways of attracting new members to our organization. And the Public Policy Committee is chaired by me. I also represent OGS as the COSAR for American Geriatrics Society (Council of State Affiliate Representative).

## **MEET YOUR BOARD MEMBERS**

**Jenna Hahn GNP, MN, RN** was elected by the board October 2010 to be President of OGS. She has been a member of the organization since 2004 and a board member since 2006. She began working with geriatric patients as a certified nursing assistant 22 years ago and has been a Geriatric Nurse Practitioner at the Gerontology Institute in Eugene for the last 6 years. Jenna was the secretary of the non-profit organization Partners to Improve End of Life Care. She received a bachelor's degree in English Literature at SUNY Fredonia in 1994, her bachelor's in nursing from Niagara University, Niagara Falls, New York in 1997; and Masters of Nursing, Gerontology from Oregon Health & Science University (OHSU) in 2004. This year she began working as a GNP Hospitalist in the ACE (Acute Care of the Elderly) unit which was formed at PeaceHealth in Eugene last year. She is the COSAR (Coalition of State Affiliate Representatives) for OGS and worked with the ElderCare Workforce Alliance in Washington DC in October 2010.

**Lisa Miura, MD** is an internist, geriatrician and faculty member for the Legacy Health System in Portland for 10 years. She is the Director of the Good Samaritan Hospital Hip Fracture Service and Clinical Assistant Professor of Medicine, OHSU. She completed her medical school training at University of Pennsylvania, School of Medicine; internal medicine residency at OHSU; geriatric fellowship at University of California, Los Angeles. Dr. Miura has published and presented her research, most recently in JAGS, 2009. She has been a board member for OGS since 2001, served as treasurer from 2004-2008, now elected Secretary for OGS.

**Mary Miller, ANP** since 1996, currently is the newly elected Treasurer for OGS. She is currently employed by the MVP Health Authority, managing Adult Comprehensive Care Team program. Mary acts as primary care for residents in long-term care, and in an advisory role for patients with chronic disease. She is also a part time instructor of OHSU School of Nursing program at WOU. She has moderated an Alzheimer's support group since 1997 and has worked tirelessly with the Alzheimer's Network and Association in Salem. Mary has been a board member of OGS since 2009.

**Mark Traines, MD** is currently Clinical Assistant Professor in Medicine, and Program Director of Geriatric Medicine Fellowship at OHSU as well as staff physician at the Portland VA. Mark's past work environments include the VA in Roseburg, where he was the Associate Chief of Staff and staff physician. He completed his education at Brown University and Baylor College of Medicine. Dr. Traines is well published; whose topics include ethics, geriatric assessment, interdisciplinary care and post-hospitalization depression. He has been a board member since 2000 and a past president from 2003-2004. He has been an American Geriatric Association Fellow since 1999.

**Ken Orwick, MD** graduated from University of Oregon Medical School in 1974. Dr. Orwick worked on the Quinalt reservation with the Indian Health Services from 1975 through 1977. His family practice residency was done in Boise, Idaho. He began working with Samaritan Health in 1992 and remains there currently. Dr. Orwick has worked as the Medical Director for Avamere in Lebanon since 1990. Ken is also the president of the local bicycle club and has been an OGS board member since 2004.

**Mike Villaneuva, PsyD** most recent past President of OGS, Mike specializes in neuropsychology. He graduated from Baylor University and completed his internship and postdoctoral fellowship at OHSU and the Portland VA. Dr. Villaneuva is currently in private practice, serving the Southern Oregon region. He has published original research in the area of assessment of pain in dementing patients, and has also presented at national conferences in the area assessing early signs of dementia with use of objective cognitive testing, combined with family observations. He served as a neuropsychological consultant to Providence Medford Medical Center as well as Rogue Valley Medical Center. He is a Diplomate of the American Academy of Clinical Neuropsychology. Mike has been an OGS board member since 2004.

**Maggie George, MD** graduated from University of North Carolina with a BA in Medieval History, and University of Texas Medical Branch at Galveston for medical school. She then completed her Internal Medicine residency at OHSU. Maggie completed her geriatric fellowship at OHSU in 2006. She is currently a Geriatrician Hospitalist at Legacy Health System in Portland. Maggie has been an OGS board member since 2007, serving as treasurer from 2008 through 2010.

**Darin Prulhiere, MD**, completed his undergraduate degree in Biology at Oregon State University, Masters of Science in Biology/Immunology at Portland State University, and medical school at OHSU. Darin has worked for last nine years as Primary Care Provider (PCP) and Medical Director for 1000 resident CCRC, caring for patients in ALF, RCF, LTC, independent living and dementia care. He has been an AMDA (American Medical Director Association) Certified Medical Director since 2005. Dr. Prulhiere has been an OGS board member since 2006.

**Paula Folger, MD** grew up in Nebraska and graduated from University of Nebraska Medical School in 2004. She was chief resident in Internal Medicine at Legacy Good Samaritan Emanuel Hospital from 2004 through 2008. Currently, Paula is a Geriatrician at Legacy and is Medical Director at Marquis in Piedmont and Robison Jewish Health Center; and manages a small outpatient geriatric practice. Paula is also a core faculty member of the internal medicine residency program at Legacy. She has been a board member since 2010.

**Katy Patton, GNP**, completed her LPN degree at Providence Medical Care Center and RN, BSN in 1990. She became a Geriatric Nurse Practitioner in 2004 at OHSU. Katy has been working at the Senior Health and Wellness Clinic, Gerontology Institute since 2006. She manages an Osteoporosis Clinic as well as chronic illness management for patients over 55 years of age. Prior to living and working in Eugene, Katy created her own job contracting with community based organizations that needed nursing expertise in RCF, ALF and Adult Foster Care. She is a certified Diabetes Educator. She has served on the board of Agency on Aging, the Rogue Valley Council of Governors and believes in the power of advocacy. She was elected to the OGS board October 2010.

**Fran Howe, ANP, GNP** received her Master's education at University of Washington in Seattle in 1995. She was previously a Primary Care Provider for the Veterans Association (VA) and is now currently working with the Mid Valley Physicians Health Authority as a member of the Adult Comprehensive Care Team. Fran conducts home visits on high risk elders, provides medical care to residents in nursing homes and assists community PCP's in managing some of their more difficult patients. She continues to work two days a month at the VA Primary Care Clinic and volunteers at the Salem Free Clinic monthly. Fran retired from the United States Air Force in 2000 after 21.5 years. She was elected to the OGS board at the Annual Meeting October 2010.

**Mary Olhausen** serves as our Executive Director, coming on board in 2008. Mary worked for Oregon Health & Science University for 22+ years in Internal Medicine so is familiar with physician health care in Oregon. She manages our day-to-day operations and our annual conference. She is available any time for questions and assistance – [omary52@comcast.net](mailto:omary52@comcast.net), 360-892-1814. In her spare time she loves to sail, ski and travel.

## **BILLS BEFORE 2011 CONGRESS REGARDING GERIATRIC ISSUES**

There are two bills coming before the United States Congress- two bills that the Eldercare Workforce Alliance is focusing on and that we spoke to House and Senate members about during the October trip to Washington. The Workforce Alliance is focusing on supporting people wishing to specialize in geriatric health care from certified Nursing Assistant to Physician.

The first Act is The Direct Care Workforce Empowerment Act. The items in this bill are to extend wage and overtime protections through the Fair Labor Standards Act to home care workers; establish data collection and reporting requirements to monitor important workforce indicators such as size, compensation levels and turnover rates; and improve recruitment and retention of direct care workers by providing grants to states to expand and support efforts aimed at recruiting, training and retaining an adequate supply of direct care workers.

The second Act is the Positive Aging Act which is designed to make mental health services for older adults an integral part of primary care services in community settings and to extend them to other settings where older adults live and receive care. It will support grants for community based mental health treatment outreach teams; designate a deputy director for older adult mental health services in the center for mental health services; include representatives of older Americans or their families and geriatric mental health professionals on the advisory council for mental health services; and target substance abuse in older adults.

Both of these Acts have tremendous potential to affect care of the elderly patient as well as improve our workforce environment by improving our access to services to help us serve. While in Washington, meeting with other geriatric specialists, there was much talk about our idea and what we feel we need to provide care- especially considering that the first set of baby boomers hits 65 in 2011. We all know that within the next 20 years, one in five Americans will be over 65. We need to recruit and retain geriatric health care providers to meet the needs of this growing group- or we will be very, very busy!

I would like to make this newsletter communication with the membership an effective tool for all of us and it is my pledge to put it out twice a year. Any member who would like to send me pearls or attachments for articles or relevant announcements pertaining to the geriatric mission- please send them my way!

Thanks!!!!

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