

OREGON GERIATRICS SOCIETY - HELPFUL LINKS

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[Oregon Geriatrics Society \(OGS\)](http://www.oregongeriatricsociety.org) / **www.oregongeriatricsociety.org**
Empowering Health Care Professionals To Enhance Care For Older Adults

ADDICTION

Alcohol Rehabilitation Help

www.alcoholrehabhelp.org/resources/co-occurring-disorders/

Drug Addition Among Seniors

www.paretnqiving.com/blogs/patient-daily-living/dependency-addiction-among-seniors/

Recognizing Substance Abuse And Addiction In Older Adults

www.premiernursingacademy.org/resources/substance-abuse-older-adults

Seniors Guide To Fentanyl – From Excellent Care, Decency, & Optimal Living (ECDOL)

www.ecdol.org

Substance Abuse & Addiction In The Elderly

www.addictiongroup.org/addiction/elderly/

ADVANCED CARE PLANNING

Advance Care Planning – Advance Directives

www.instituteforhumancaring.org / www.oregon.gov/oha/ph/about/pages/adac-forms.aspx

National Care Planning Council

www.longtermcarelink.net

POLST (Provider/Physician Orders For Life-Sustaining Treatment)

www.polst.org

AGING

AARP

www.aarp.org

AGE+

www.ageplus.org

Aging In PlaceOregon

www.aginginplaceoregon.com

Aging In Portland

www.aginginportland.com

American Association Of Homes and Services for the Aging (AAHSA)

www.aahsa.org

American Society On Aging (ASA)

www.asaging.org

Council On Aging Of Central Oregon

www.councilonaging.org

Lane County Senior Services Directory

www.laneseniorservices.org

Oregon Area Agencies On Aging

www.oregon.gov

Oregon Aging & Disability Resource Connection (ADRC)

1-855-673-2372

Oregon Care Planning Council

www.carefororegon.org

Oregon State University Center For Healthy Aging & Research

www.oregonstate.edu/healthy-aging

Portland State University Institute On Aging

www.pdx.edu/ia

ALZHEIMER'S

Alzheimer's Association-Oregon Chapter

www.alz.org/oregon

Layton Aging & Alzheimer's Disease Center-OHSU

www.ohsu.edu

SPADO (State Plan For Alzheimer's Disease & Related Dementias In Oregon)

www.oregonspado.org

ASSISTED LIVING

About Assisted Living

www.aboutassistedliving.org

Assisted Living Directories

www.assisted-living-directory.com

Association Of Senior Referral Professionals Of Washington

www.asrpwa.org

Retirement Connection Guide

www.retirementconnection.com

Oregon Assisted Living Facilities Association

www.assisted-living-directory.com

Oregon Senior Referral Agency Association (OSRAA)

www.osraa.com

Transition Loved One To Nursing Home

<https://llicattorney.com/estate-plan-info/guide-to-transitioning-your-loved-one-to-a-nursing-home>

BEHAVIORAL HEALTH

Center Of Excellence For Behavioral Health In Nursing Facilities - PSU, OHSU, OHA

www.nursinghomebehavioralhealth.org

<https://ohsu-psu-sph.org/news/psu-establishes-oregon-center-for-excellence-in-behavioral-health-and-aging/>

Greater Oregon Behavioral Health Initiative (GOBHI)

www.gobhi.org

Oregon Older Adult Behavioral Specialist (OABHI)

www.oregonbhi.org

BRAIN INJURY / TRAUMA

Brain Injury Alliance Of Oregon (BIAOR)

www.biaoregon.org

CARE GIVERS

Aging & Disability Resource Connection

Oregon: www.adrcoregon.org

Washington: www.washingtoncommunitylivingconnections.org

Alzheimer's Association – Caregiver Education

www.alz.org

Caring.com

www.caring.com/caregivers/end-of-life-care/

Elder Care Matters-Resource Directory

www.eldercarematters.com

Elder Care Workforce

www.elderworkforce.org

Elders in Action

www.eldersinaction.org

Family Caregiver Support Program – Resources

Oregon: www.adrcoregon.org

Washington: www.dshs.wa.gov/altsa/resources

Help Is Here: When Someone You Love Has Dementia – A Resource For Family Caregivers

www.dementiahelppishere.org

Making Oregon Vital For Elders (MOVE)

www.orculturechange.org

Oregon Care Partners (Support Oregon Caregivers With FREE education)

www.oregoncarepartners.com 1-800-930-6851

Oregon Elder Care Resources

www.eldercareresourcesoregon.com

Oregon Elder Care Support Foundation

www.oesfonline.org

Oregon Family Caregiver Support Program

www.adrCoforegon.gov

Washington Family Caregiver Support Program

www.dshs.wa.gov/altsa/resources

CAREERS

National Health Career Association (NHA)

www.nhanow.com

Oregon State University – Center For Health Aging & Research

www.health.oregonstate.edu

Pacific University – Gerontology

www.pacificu.edu

COMMUNICATION

Access Technologies, Inc.

www.accesstechnologiesinc.org

CapTel – Oregon

www.captel.com/states/oregon

Oregon State Library Talking Book & Braille Library

www.state.or.us www.slo.oregon.gov

DEMENTIA

Dementia Map

www.dementiamap.com

Help Is Here: When Someone You Love Has Dementia – A Resource For Family Caregivers

www.dementiahelpishere.org

Oregon State Plan For Alzheimer's Disease (SPADO)

www.dhsoha.state.or.us

State Plan For Alzheimer's Disease & Related Dementias In Oregon (SPADO)

www.oregonspado.org

The Best Friends Approach To Dementia (Book)

(David Troxel & Virginia Bell)

The Gift Of Caring: Saving Our Parents From The Perils Of Modern Healthcare (Book)

(Marcy Cottrell-Houle, MS & Elizabeth Eckstrom, MD, MPH, MACP)

DENTAL HEALTH

New Mouth – Community Outreach

www.newmouth.com/blog/alzheimers-gum-disease/

Prime Dental Care

www.primegeriatric.com

DISABILITY

Aging And Disability Resource Connection Of Oregon (ADRC)

www.adrcforegon.org

Aging And Disability Resource Connection Of Washington

www.washingtoncommunitylivingconnections.org

Disability Determination Services-Oregon

www.oregon.gov

Northwest Senior & Disability Services (NWSDS)

www.nwsds.org

Oregon Association Of Area Agencies On Aging And Disabilities (O4AD)

www.o4ad.org

Oregon Department Health Services/Seniors and People With Disabilities (ODHS/SPD)

www.oregon.gov/DHS/spwpd/index/shtml

Oregon Training & Consultation

www.otac.org

DRIVING

Older Adult Driving Guide

www.moneygeek.com/insurance/auto/resources/senior-driving-guide/

EDUCATION FOR CARE PROFESSIONALS

Leading Age Of Oregon

www.leadingageoregon.org

Metropolitan Senior Network (MSN)

www.metropolitansenionetwork.com

Oregon ECHO

www.oregonechonetwork.org

Oregon Gerontological Association (OGA)

www.oregongero.org

Oregon Health Authority

www.oregon.gov/oha

Oregon Health Care Association (OHCA)

www.ohca.com

Oregon Health & Science University – CME Division

www.ohsu.edu

Pacific University

www.pacificu.edu

Senior Provider Information Networking (SPIN)

www.spinportland.org

Washington Health Care Association (WHCA)

www.whca.org

Western Oregon University

www.wou.edu/gerontology

ELDER ABUSE

Guide To Elder Abuse & Home Safety

www.todayshomeowner.com/safety/guides/guide-to-elder-abuse-and-home-safety/

Guide To Spotting And Preventing Elder Abuse

www.premiernursingacademy.org/resources/elder-abuse-awareness

National Domestic Violence Hotline

www.thehotline.org 1-800-799-7273

National Suicide Prevention Lifeline

www.sucidepreventionlifeline.org 1-800-273-8255

Nursing Home Abuse Guide

www.levinperconti.com/nursing-home-abuse/

Oregon Adult Abuse Prevention And Investigations

www.oregon.gov/dhs/abuse/pages/index.aspx

ELDER LAW

National Academy Of Elder Law Attorneys

www.naela.org

Oregon Guardianship & Conservatorship

www.oregon.gov

Oregon Long-Term Care Ombudsman

www.oregon.gov

EMERGENCY PREPAREDNESS FOR SENIORS

Emergency Preparedness For Seniors

www.moneygeek.com/insurance/home/resources/emergency-prep/seniors/

Provider/Physician Orders For Life-Sustaining Treatment (POLST)

www.polst.org

POLST-Physician Orders For Life-Sustaining Treatment

www.ohsu.edu/polst/

END OF LIFE

[Peaceful Presence \(guide terminally ill & loved ones through end-of-life process\)](#)

www.peacefulpresence.org www.thepeacefulpresenceproject.org

[End Of Life Choices Oregon \(EOLCOR\)](#)

www.eolcoregon.org

[Evening Star End Of Life Doula's](#)

ETHICS

[Center for Ethics In Health Care – OHSU](#)

www.ohsu.edu

FALLS

[Senior Slips And Falls Guide](#)

www.browncrouppen.com/elderly-slips-and-falls-guide/

[Oregon Falls Prevention Program](#)

www.oregon.gov/oha

[Walk With Ease](#)

www.walk.oregonstate.edu

FAMILY PRACTICE

[American Academy Of Family Practice](#)

www.aafp.org

[Oregon Academy Of Family Physicians](#)

www.oafp.org

FINANCES

[Choosing Finance Care For Loved One](#)

www.moneygeek.com/seniors/resources/choosing-and-financing-senior-care/

[Finance Charts - Tips](#)

<https://www.financecharts.com/pages/5737-financial-education-and-stock-market-tips-for-older-adults>

FOOD

[Meals On Wheels](#)

www.mealsonwheelsamerica.org

[The Ten Seventeen Project \(serving food-insecure families all over Oregon\)](#)

www.1017project.com

GERIATRICS WORKFORCE ENHANCEMENT PROGRAM (GWEP)

Info: gwep@ohsu.edu

GERONTOLOGY

[Association For Gerontology in Higher Education \(AGHE\)](#)

www.aghe.org

[Gerontological Society Of America \(GSA\)](#)

www.geron.org

Gerontology Institute-Sacred Heart Medical Center

www.peacehealth.org

Oregon Gerontological Association (OGA)

www.oregongero.org

Oregon State University – Gerontology

www.osugero.org

HEALTH CARE ORGANIZATIONS

American College Of Health Care Administrators (ACHCA)

www.achca.org

American Geriatrics Society (AGS)

www.americangeriatrics.org

American Medical Association (AMA)

www.ama-assn.org

Oregon Medical Association (OMA)

www.theoma.org

HOME CARE

Aging Advisors Portland

www.agingadvisorspdx.com

American Academy Of Home Care Medicine (AAHCP)

www.aahcp.org

Oregon Association For Home Care

www.oahc.org

HOSPICE & PALLIATIVE CARE

American Academy Of Hospice and Palliative Medicine (AAHPM)

www.aahpm.org

Hospice And Palliative Nurses Association (HPNA)

www.hpna.org

National Hospice & Palliative Care Organization (NHPCO)

www.nhpco.org

Oregon Hospice & Palliative Care Association

www.oregonhospice.org

Oregon Nonprofit Hospice Alliance (ONHA)

www.onhanetwork.org

HOUSING – SENIOR LIVING

Oregon Independent Living Council (SILC)

www.oregon.gov

Portland Senior Housing

www.portlandseniorhousing.com

Retirement Connection

www.retirementconnection.com

IMMUNIZATION / VACCINES

Boost Oregon – Vaccination Information

www.boostoregon.org

Immunize Oregon

www.immunizeor.org

Oregon Immunization Program

www.state.or.us www.oregon.gov

IN HOME CARE

Aging Life Care Association

www.aginglifecare.org

INSURANCE

Care Oregon

www.careoregon.org

Columbia Pacific CCO

www.colpachealth.org

Senior Health Insurance Benefits Assistance (SHIBA)

www.healthcare.oregon.gov/shiba

Oregon Medicaid Long-Term Care Quality & Reimbursement Advisory Council

www.oregon.gov

INTERNAL MEDICINE

American College Of Physicians (ACP)

www.acponline.org

Oregon Chapter American College of Physicians

www.oregonacp.org

INTERPRETER SERVICES

Oregon Health Care Interpreter Association

www.ohcia.org

LATINO

Latino Community Association

www.latinocommunityassociation.org

LGBTQ+

ADRC Of Oregon

www.adrcforegon.org/consumersite/index.php

LGBTQ+ National Hotline

1-888-843-4564 – www.glbthotline.org/national-hotline.html

LONELINESS

Oregon Statewide Service of Lines For Life – Senior Loneliness Line

www.seniorlonelinessline.org/ 800-282-7035 or 503-200-1633

LONG-TERM CARE

[Oregon Society For Post-Acute & Long-Term Care](#)

Info: omary52@comcast.net

[Washington Foundation For Long-Term Care](#)

www.longtermcarefoundationwa.org

Washington Society For Post-Acute & Long-Term Care

MEDICAL ASSISTANTS

[Oregon Society Of Medical Assistants](#)

MEDICAL BOARD – OREGON

[Oregon Medical Board](#)

www.oregon.gov/omb

MEDICATIONS

[National Institute On Aging – Taking Medicines Safely As You Age](#)

www.nia.nih.gov

[Meducation Team](#)

www.meducationteam.com

MEMORY CARE

[Memory Café Directory](#)

www.memorycafedirectories.com

MENTAL ILLNESS

[Clinical Support System For Serious Mental Illness \(SMI\)](#)

www.smiadviser.org

MOBILITY

[Home Safety For Older Adults: A Comprehensive Guide 2024](#)

www.home

www. [Home Safety for Older Adults: A Comprehensive Guide 2024 \(ncoa.org\)](http://www.home)

NURSING

[American Academy Of Nurse Practitioners \(AANP\)](#)

www.aanp.org

[American Academy Of Nursing \(AAN\)](#)

www.aannet.org

[American Assisted Living Nurses Association \(AALNA\)](#)

www.aalna.org

[American Association Of Nurse Assessment Coordination \(AANAC\)](#)

www.aanac.org

[American Association Of Nurse Practitioners \(AANP\)](#)

www.aanp.org

American Association For Long-Term Care Nursing (AALTCN)

www.aaltcn.org

American College Nurse Practitioners (ACNP)

www.acnpweb.org

American Nurses Association (ANA)

www.nursingworld.org

American Nurses Association---Geriatric Nursing

www.geronurse-online.org

American Nurses Credentialing Center

www.nursecredentialing.org

American Society For Pain Management Nursing

www.aspmn.org

Gerontological Advanced Practice Nurses Association (GAPNA)

www.gapna.org

Home Healthcare Nurses Association (HHNA)

www.hhna.org

National Association Of Directors Of Nursing Administration In Long-Term Care (NADONA/LTC)

www.nadona.org

National Association Of Licensed Practical Nurses (NALPN)

www.nalpn.org

National Gerontological Nurses Association (NGNA)

www.ngna.org

NurseLearn

www.nurselearn.com

Nurse Practitioner Online

www.nursepractioneronline.com

Nurse Practitioners Of Oregon (NPO)

www.nursepractitionersoforegon.org

Nursing Home Abuse Center

www.nursinghomeabusecenter.com

Oregon Center For Nursing

www.oregoncenterfornursing.org

Oregon Nurses Association (ONA)

www.oregonrn.org

Oregon Nursing Home Administrators Board (ONHA)

www.oregon.gov.ohla

Oregon State Board Of Nursing (OSBN)

www.osbn.state.or.us

University Of Washington School of Nursing

www.uw.edu

Washington State Nurses Association (WSNA)

www.wsna.org

OCCUPATIONAL THERAPY

Occupational Therapy Association Of Oregon

www.otao.com

OMBUDSMAN

Oregon Long-Term Care Ombudsman

www.oltco.org

PARKINSON'S DISEASE

Parkinson's Resources Of Oregon (PRO)

www.parkinsonsresources.org

PATIENT SAFETY

Oregon Patient Safety Commission

www.oregonpatientsafety.org

PHARMACY

American Society Of Consultant Pharmacists (ASCP)

www.ascp.com

Oregon Society Of Health System Pharmacists (OSHP)

www.oshp.org

Oregon State Pharmacy Association (OSPA)

www.oregonpharmacy.org www.oregonpharmacists.com

Washington State Pharmacy Association

www.wsparx.org

PHYSICIAN ASSOCIATES

American Academy Of Physician Associates (AAPA)

www.aapa.org

Oregon Society Of Physician Associates (OSPA)

www.oregonpa.org

POLST

Oregon Polst

www.oregonpolst.org

Polst

www.polst.org

POLST-Physician Orders For Life-Sustaining Treatment

www.ohsu.edu/polst/

POST-ACUTE & LONG-TERM CARE

The Society For Post-Acute & Long-Term Care Medicine (PALT-Med)

www.paltmed.org

Oregon Society For Post-Acute & Long-Term Care (ORPALTC)

503-880-7383 / omary52@comcast.net

PSYCHIATRY – MENTAL HEALTH

American Association For Geriatric Psychiatry (AAGP)

www.aagponline.org

American Psychiatric Nurses Association (APNA)

www.apna.org

American Psychological Association (APA)

www.apa.org

Oregon Psychiatric Access Line (OPAL)

www.ohsu.edu/OPAL

Oregon State University Center For Health Innovation

Mental health promotion and substance use prevention in rural Oregon and beyond. Education, tools, practical resources, and more. www.c2f.oregonstate.edu

Tuality Healthcare Center Geriatric Psychiatry

www.tuality.org

PUBLIC HEALTH

Oregon Health Authority (OHA)

www.oregon.gov/oha

Oregon Public Health Association (OPHA)

www.oregonpublichealth.org

Oregon Governor's Commission On Senior Services

Enhance & protect the quality of life for all older Oregonians.

<https://www.oregon.gov/odhs/agency/pages/qcss.aspx>

READMISSION PREVENTION

National Readmission Prevention Collaborative

www.nationalreadmissionprevention.com

RURAL HEALTH

Oregon Office of Rural Health

www.ohsu.edu/orh

Oregon Rural Health Association

www.orha.wildapricot.org

SOCIAL WORKERS

National Association Of Social Workers (NASW)

www.nasw.org

Oregon Chapter National Association Of Social Workers

www.nasworegon.org

Oregon Society of Clinical Social Workers

www.oscsw.org

SUCIDE PREVENTION

Lines For Life Portland

www.linesforlife.org

SUPPORT GROUPS

Support Group Directory

www.supportgroupdirectory.com

TELEHEALTH

Northwest Regional Telehealth Resource Center

www.nrtrc.org

TRIBAL COMMUNITIES

Save Lives Oregon – Organizations On Front Lines Of Harm Reduction

www.savelivesoregon.org

VETERANS

Oregon Veterans Benefits, Services, Resources, Programs, and Outreach

www.oregon.gov/odva

Veterans Crisis Line

1-800-273-8255. www.veteranscrisisline.net

VISION

Vision Concerns For Seniors

www.zocdoc.com/blog/eye-health-for-seniors-a-guide-to-vision-concerns-for-aging-eyes/

Vision Care For Veterans

www.diagnosticeyecenter.com/2024/04/04/a-comprehensive-guide-to-vision-care-for-veterans

WELL BEING

AARP – Oregon

www.aarp.org

AGE +

www.ageplus.org

Health In Aging

www.healthinaging.org

National Council On Aging (Resources/Support Older Adults Living Alone)

www.ncoa.org

Oregon Wellness Program (Confidential Mental Health Counseling for Healthcare Professionals)

www.oregonwellnessprogram.org