

OREGON GERIATRICS SOCIETY - HELPFUL LINKS

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Oregon Geriatrics Society (OGS) / www.oregongeriatricsociety.org

Empowering Health Care Professionals To Enhance Care For Older Adults

ADDICTION & MENTAL HEALTH

ADVANCED CARE PLANNING / POLST

AGING AND CARE GIVING

ALZHEIMER'S

ASSISTED LIVING

BEHAVIORAL HEALTH

COMMUNICATION TECHNOLOGY

DEATH & DYING-----See End Of Life

DEMENTIA

DENTAL HEALTH

DISABILITY

DOMESTIC & SEXUAL VIOLENCE

DRIVING

EDUCATION FOR HEALTH PROFESSIONALS

ELDER ABUSE

ELDER LAW

EMERGENCY PREPAREDNESS

END OF LIFE

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FALLS PREVENTION

FAMILY PRACTICE

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GERIATRIC MEDICINE

HEALTH PROFESSIONALS

ASSOCIATIONS

HOME CARE

HOSPICE & PALLIATIVE CARE

HOSPITAL MEDICINE

HOUSING – SENIOR LIVING

IMMUNIZATION / VACCINES

INSURANCE

INTERNAL MEDICINE

INTERPRETER SERVICES

LATINO

LGBTQ+

LONELINESS

MEDICAL BOARD – OREGON

MEDICATIONS

MEMORY CARE

MENTAL HEALTH – See Addiction

MOBILITY

NURSING

NUTRITION

OCCUPATIONAL THERAPY

OMBUDSMAN

OSTEOPATHIC MEDICINE

PARKINSON'S DISEASE

PATIENT SAFETY

PHARMACY

PHYSICAL THERAPY

PHYSICIAN ASSOCIATES

POST-ACUTE AND LONG-TERM CARE

PSYCHIATRY / PSYCHOLOGICAL

PUBLIC HEALTH

READMISSION PREVENTION

RURAL HEALTH – OREGON

SOCIAL SERVICES

SOCIAL WORKERS

SUCIDE PREVENTION

TELEHEALTH

TRAUMA – BRAIN INJURY

TRIBAL HEALTH

VETERANS'

VISION

WELLNESS

ADDICTION & MENTAL HEALTH

ALCOHOL REHABILITATION HELP

www.alcoholrehabhelp.org/resources/co-occurring-disorders/

AMERICAN SOCIETY OF ADDICTION MEDICINE (ASAM)

www.asam.org

CARE OREGON

<https://www.careoregon.org/mental-health/stories/where-can-i-find-peer-support-groups-for-depression-and-anxiety>

CLINICAL SUPPORT SYSTEM FOR SERIOUS MENTAL ILLNESS (SMI)

www.smiadviser.org

DRUG ADDICTION AMONG SENIORS

www.parengiving.com/blogs/patient-daily-living/dependency-addiction-among-seniors/

LIFE LINE CONNECTIONS

www.lifelineconnections.org

MENTAL HEALTH FACILITIES IN OREGON & RESIDENTIAL TREATMENT

www.mentalhealthclinics.org

MENTAL HEALTH OREGON-MENTAL HEALTH CARE SERVICES

www.valuecoremh.com

OREGON ADDICTION SERVICES

www.oregon.gov

Mental Health & Addiction Association of Oregon (MHA AO) See The Peer Group

NATIONAL ALLIANCE ON MENTAL HEALTH ILLNESS

www.namior.org

NATIONAL ALLIANCE ON MENTAL HEALTH ILLNESS-MULTNOMAH COUNTY

www.namimultnomah.org

NATIONAL ALLIANCE ON MENTAL HEALTH ILLNESS-SOUTHERN OREGON

www.namisouthernoregon.org

NATIONAL MENTAL HEALTH HOTLINE

www.mentalhealthhotline.org 1-866-903-3787

OREGON ECHO NETWORK

www.oregonechonetwork.org

OREGON HEALTH AUTHORITY

www.oregon.gov/oha/HSD/AMH/Pages/Addictions.aspx

OREGON RECOVERS

www.oregonrecovers.org

OREGON SOCIETY OF ADDICTION MEDICINE

www.or-sam.org

OREGON STATE UNIVERSITY CENTER FOR HEALTH INNOVATION

www.c2f.oregonstate.edu

OREGON TREATMENT PROVIDERS DIRECTORY (OACRA)

www.oacra.com/find-services/oregon-treatment

OREGON WELLNESS PROGRAM

(CONFIDENTIAL MENTAL HEALTH COUNSELING FOR HEALTHCARE PROFESSIONALS)

www.oregonwellnessprogram.org

RECOGNIZING SUBSTANCE ABUSE & ADDICTION IN OLDER ADULTS

www.premiernursingacademy.org/resources/substance-abuse-older-adults

REHAB CENTERS-OREGON – ADDICTION RESOURCE

www.addictionresource.net

SAVE LIVES OREGON – ORGANIZATIONS ON FRONT LINES OF HARM REDUCTION

www.savelivesoregon.org

SENIORS GUIDE TO FENTANYL – EXCELLENT CARE, DECENCY & OPTIMAL LIVING (ECDOL)

www.ecdol.org

SMOKE FREE OREGON

www.smokefreeoregon.com

SUBSTANCE ABUSE & ADDICTION IN THE ELDERLY

www.addictiongroup.org/addiction/elderly/

THE PEER GROUP (Formerly Mental Health & Addiction Association of Oregon)

www.mhaoforegon.org

WASHINGTON COUNTY OLDER ADULT MENTAL WELLNESS

www.washingtoncountyor.gov/days/older-adult-mental-wellness

ADVANCED CARE PLANNING / POLST

ADVANCE CARE PLANNING – ADVANCE DIRECTIVES

www.instituteforhumancaring.org

www.oregon.gov/oha/ph/about/pages/adac-forms.aspx

NATIONAL CARE PLANNING COUNCIL

www.longtermcarelink.net

OREGON CARE PLANNING COUNCIL (OrCPC)

www.carefororegon.org

POLST (Provider/Physician Orders For Life-Sustaining Treatment)

www.polst.org www.oregonpols.org www.ohsu.edu/polst/

AGING AND CARE GIVING

AARP

www.aarp.org

AGE+

www.ageplus.org

AGING & DISABILITY RESOURCE CONNECTION

Oregon: www.adrcforegon.org

Washington: www.washingtoncommunitylivingconnections.org

AGING ADVISORS PORTLAND

www.agingadvisorspdx.com

AGING IN PLACE OREGON

www.aginginplaceoregon.com

AGING IN PORTLAND

www.aginginportland.com

AGING LIFE CARE ASSOCIATION – WESTERN REGION

www.aginglifecare.org (choose Chapters)

ALZHEIMER'S ASSOCIATION – CAREGIVER EDUCATION

www.alz.org

AMERICAN ASSOCIATION OF HOMES AND SERVICES FOR THE AGING (AAHSA)

www.aahsa.org

AMERICAN SOCIETY ON AGING (ASA)

www.asaging.org

CARING.COM

www.caring.com/caregivers/end-of-life-care/

COUNCIL ON AGING OF CENTRAL OREGON

www.councilonaging.org

ELDER CARE MATTERS-RESOURCE DIRECTORY

www.eldercarematters.com

ELDER CARE WORKFORCE

www.elderworkforce.org

ELDERS IN ACTION

www.eldersinaction.org

FAMILY CAREGIVER SUPPORT PROGRAM – RESOURCES

Oregon: www.adrcoforegon.org

Washington: www.dshs.wa.gov/altsa/resources

HEALTH IN AGING

www.healthinaging.org

**HELP IS HERE: WHEN SOMEONE YOU LOVE HAS DEMENTIA –
A RESOURCE FOR FAMILY CAREGIVERS**

www.dementiahelppishere.org

LANE COUNTY SENIOR SERVICES DIRECTORY

www.laneseniorservices.org

MAKING OREGON VITAL FOR ELDERS (MOVE)

www.orculturechange.org

OREGON AREA AGENCIES ON AGING

www.oregon.gov

OREGON CARE PARTNERS (SUPPORT OREGON CAREGIVERS WITH FREE EDUCATION)

www.oregoncarepartners.com 1-800-930-6851

OREGON CARE PLANNING COUNCIL

www.carefororegon.org

**OREGON DEPARTMENT OF HUMAN SERVICES – AGING & DISABILITY RESOURCE
CONNECTION (ADRC)**

www.oregon.gov 1-855-673-2372

OREGON ELDER CARE RESOURCES

www.eldercareresourcesoregon.com

OREGON ELDER CARE SUPPORT FOUNDATION

www.oesfonline.org

OREGON FAMILY CAREGIVER SUPPORT PROGRAM

www.adrCoforegon.gov

OREGON STATE UNIVERSITY CENTER FOR HEALTHY AGING & RESEARCH

www.oregonstate.edu/healthy-aging

PORTLAND STATE UNIVERSITY INSTITUTE ON AGING

www.pdx.edu/ioa

WASHINGTON FAMILY CAREGIVER SUPPORT PROGRAM

www.dshs.wa.gov/altsa/resources

ALZHEIMER'S

ALZHEIMER'S ASSOCIATION-OREGON CHAPTER

www.alz.org/oregon

LAYTON AGING & ALZHEIMER'S DISEASE CENTER-OHSU

www.ohsu.edu

OREGON MEMORY GARDEN

In SE Portland – provides tranquil setting for those with memory disorders.

www.portland.gov/parks/portland-memory-garden

SPADO (STATE PLAN FOR ALZHEIMER'S DISEASE & RELATED DEMENTIAS IN OREGON)

www.oregonspado.org

ASSISTED LIVING

ABOUT ASSISTED LIVING

www.aboutassistedliving.org

ASSISTED LIVING DIRECTORIES

www.assisted-living-directory.com

ASSOCIATION OF SENIOR REFERRAL PROFESSIONALS OF WASHINGTON

www.asrpwa.org

OREGON ASSISTED LIVING FACILITIES ASSOCIATION

www.assisted-living-directory.com

OREGON SENIOR REFERRAL AGENCY ASSOCIATION (OSRAA)

www.osraa.com

RETIREMENT CONNECTION GUIDE

www.retirementconnection.com

BEHAVIORAL HEALTH

CENTER OF EXCELLENCE FOR BEHAVIORAL HEALTH IN NURSING FACILITIES – PSU, OHSU, OHA

www.nursinghomebehavioralhealth.org

<https://ohsu-psu-sph.org/news/psu-establishes-oregon-center-for-excellence-in-behavioral-health-and-aging/>

GREATER OREGON BEHAVIORAL HEALTH INITIATIVE (GOBHI)

www.gobhi.org

LINES FOR LIFE

www.linesforlife.org

OREGON HEALTH AUTHORITY – CERTIFIED COMMUNITY BEHAVIORAL HEALTH CLINICS

www.oregon.gov/oha/HSD/BHP/Pages/Community-BH-Clinics.aspx

OREGON OLDER ADULT BEHAVIORAL SPECIALIST (OABHI)

www.oregonbhi.org

THE OREGON CENTER OF EXCELLENCE FOR BEHAVIORAL HEALTH & AGING (OCEBHA)

www.oregonbhi.org

COMMUNICATION TECHNOLOGY

ACCESS TECHNOLOGIES, INC.

www.accesstechnologiesinc.org

CAPTEL – OREGON

www.captel.com/states/oregon

OREGON STATE LIBRARY TALKING BOOK & BRAILLE LIBRARY

www.state.or.us www.slo.oregon.gov

DEATH & DYING-----SEE END OF LIFE

DEMENTIA

DEMENTIA CARE AWARE

www.dementiacareaware.org

DEMENTIA MAP

www.dementiamap.com

DEMENTIA SOCIETY OF AMERICA

www.dementiasociety.org

HELP IS HERE: WHEN SOMEONE YOU LOVE HAS DEMENTIA (RESOURCE CAREGIVERS)

www.dementiahelpishere.org

OREGON STATE PLAN FOR ALZHEIMER'S DISEASE (SPADO)

www.dhsoha.state.or.us

STATE PLAN FOR ALZHEIMER'S DISEASE & RELATED DEMENTIAS IN OREGON (SPADO)

www.oregonspado.org

THE BEST FRIENDS APPROACH TO DEMENTIA (BOOK)

(David Troxel & Virginia Bell)

THE GIFT OF AGING:

GROWING OLDER WITH PURPOSE, PLANNING, AND POSITIVITY (BOOK)

(Marcy Cottrell-Houle, MS & Elizabeth Eckstrom, MD, MPH, MACP)

THE GIFT OF CARING:

SAVING OUR PARENTS FROM THE PERILS OF MODERN HEALTHCARE (BOOK)

(Marcy Cottrell-Houle, MS & Elizabeth Eckstrom, MD, MPH, MACP)

DENTAL HEALTH

NEW MOUTH – COMMUNITY OUTREACH

www.newmouth.com/blog/alzheimers-gum-disease/

PRIME DENTAL CARE

www.primegeriatric.com

DISABILITY

AGING AND DISABILITY RESOURCE CONNECTION OF OREGON (ADRC)

www.adrcoforegon.org

AGING AND DISABILITY RESOURCE CONNECTION OF WASHINGTON

www.washingtoncommunitylivingconnections.org

BENEFITS – GUIDE TO OREGON DISABILITY BENEFITS

www.benefits.com/social-security-disability/states/oregon

DISABILITY DETERMINATION SERVICES-OREGON

www.oregon.gov

DISABILITY RIGHTS OREGON (DRO)

www.droregon.org

DISABILITY RESOURCES – OREGON HELP FOR DISABLED PERSONS

www.disabilityresources.org

NORTHWEST SENIOR & DISABILITY SERVICES (NWSDS)

www.nwsds.org

OREGON ASSOCIATION OF AREA AGENCIES ON AGING AND DISABILITIES (O4AD)

www.o4ad.org

**OREGON DEPARTMENT HEALTH SERVICES - SENIORS
AND PEOPLE WITH DISABILITIES (ODHS/SPD)**

www.oregon.gov/DHS/spwpd/index/shtml

OREGON TRAINING & CONSULTATION

www.otac.org

DOMESTIC & SEXUAL VIOLENCE

OREGON COALITION AGAINST DOMESTIC & SEXUAL VIOLENCE (OCADSV)

www.ocadsv.org

DRIVING

OLDER ADULT DRIVING GUIDE

www.moneygeek.com/insurance/auto/resources/senior-driving-guide/

EDUCATION FOR HEALTH CARE PROFESSIONALS

AGE +

www.ageplus.org

AMERICAN COLLEGE OF HEALTH CARE ADMINISTRATORS (ACHCA)

www.achca.org

AMERICAN GERIATRICS SOCIETY (AGS)

www.americangeriatrics.org

ASSOCIATION FOR GERONTOLOGY IN HIGHER EDUCATION (AGHE)

www.aghe.org

GERIATRICS WORKFORCE ENHANCEMENT PROGRAM (GWEP)

www.oregongwep.org

GERONTOLOGICAL SOCIETY OF AMERICA (GSA)

www.geron.org

GERONTOLOGY INSTITUTE-SACRED HEART MEDICAL CENTER

www.peacehealth.org

LEADING AGE OF OREGON

www.leadingageoregon.org

METROPOLITAN SENIOR NETWORK (MSN)

www.metropolitanseniornetwork.com

NATIONAL HEALTH CAREER ASSOCIATION (NHA)

www.nhanow.com

OREGON CARE CAREERS – GUIDANCE/SUPPORT IN LTC WORKFORCE

www.oregoncarecareers.com

OREGON ECHO NETWORK

www.oregonechonetwork.org

OREGON GERIATRICS SOCIETY (OGS)

www.oregongeriatricssociety.org

OREGON GERONTOLOGICAL ASSOCIATION (OGA)

www.oregongero.org

OREGON HEALTH AUTHORITY

www.oregon.gov/oha

OREGON HEALTH CARE ASSOCIATION (OHCA)

www.ohca.com

OREGON HEALTH & SCIENCE UNIVERSITY – CON'T PROFESSIONAL DEVELOPMENT

www.ohsu.edu/cme

OREGON MEDICAL ASSOCIATION (OMA)

www.theoma.org

OREGON STATE UNIVERSITY- AGING STUDIES / ADULT DEVELOPMENT & AGING

www.health.oregonstate.edu

PACIFIC UNIVERSITY

www.pacificu.edu

PALTmed - POST-ACUTE & LONG-TERM CARE MEDICAL ASSOCIATION

www.paltmed.org

PALTmed-OREGON POST-ACUTE & LONG-TERM MEDICINE

www.paltmed.org/chapters

PORTLAND STATE UNIVERSITY - INSTITUTE ON AGING - GERONTOLOGY

www.pdx.edu/social-work/graduate-certificare-gerontology

PORTLAND STATE UNIVERSITY SENIOR ADULT LEARNING CENTER (SALC)

www.pdx.edu/senior-adult-learning-center/

SENIOR PROVIDER INFORMATION NETWORKING (SPIN)

www.spinportland.org

WASHINGTON HEALTH CARE ASSOCIATION (WHCA)

www.whca.org

WESTERN OREGON UNIVERSITY

www.wou.edu/gerontology

ELDER ABUSE

AGING AND DISABILITY RESOURCE CONNECTION OF OREGON

www.adrcforegon.org

ELDERS IN ACTION

www.eldersinaction.org

GUIDE TO ELDER ABUSE & HOME SAFETY

www.todayshomeowner.com/safety/guides/guide-to-elder-abuse-and-home-safety/

GUIDE TO SPOTTING AND PREVENTING ELDER ABUSE

www.premiernursingacademy.org/resources/elder-abuse-awareness

NATIONAL DOMESTIC VIOLENCE HOTLINE

www.thehotline.org 1-800-799-7273

NATIONAL SUICIDE PREVENTION LIFELINE

www.sucidepreventionlifeline.org 1-800-273-8255

NURSING HOME ABUSE CENTER

www.nursinghomeabusecenter.com

NURSING HOME ABUSE GUIDE

www.levinperconti.com/nursing-home-abuse/

OREGON ADULT ABUSE PREVENTION AND INVESTIGATIONS

www.oregon.gov/dhs/abuse/pages/index.aspx

OREGON CONSUMER JUSTICE

www.ocj.org 1-503-406-3311

OREGON DEPARTMENT OF HUMAN SERVICES

www.oregon.gov/odhs/aging-disability-services/pages/respect.aspx

OREGON DEPARTMENT OF JUSTICE

www.doj.state.or.us

REPORT ELDER ABUSE AND NEGLECT IN OREGON

www.oregon.gov/odhs/report-abuse/pages/default.aspx

ELDER LAW

NATIONAL ACADEMY OF ELDER LAW ATTORNEYS

www.naela.org

OREGON PUBLIC GUARDIAN

www.oregon.gov www.oltco.org opg.info@rights.oregon.gov

1-844-656-6774 / 503-378-6848

OREGON LONG-TERM CARE OMBUDSMAN

www.oltco.org ltco.info@rights.oregon.gov 1-800-522-2602 1-503-378-6533

EMERGENCY PREPAREDNESS

WILDFIRE PREPAREDNESS

www.firehelpcenter.com/wildfires/safety-preparedness-guide/seniors-caregivers/

BUILD EMERGENCY FAMILY DISASTER SUPPLY KIT

www.portlandoregon.gov/PBEM

END OF LIFE

ACADEMY OF AID-IN-DYING MEDICINE

www.aadm.org

COMPASSION & CHOICES - OREGON

www.compassionandchoices.org

DEATH RESOURCE CENTER

www.deathresourcecenter.com

EARTH FUNERAL

www.earthfuneral.com

END OF LIFE CHOICES OREGON (EOLCOR)

www.eolcoregon.org

END OF LIFE—WASHINGTON

www.endoflifewa.org

LEGAL VOICE: HANDBOOK FOR WASHINGTON SENIORS

www.legalvoice.org

M.A.I.D. – MEDICAL AID IN DYING

www.clinicaladvisor.com/features/medical-aid-in-dying-guidelines/

OREGON DEATH WITH DIGNITY ACT

www.oregon.gov www.deathwithdignity.org

OREGON DOULA ASSOCIATION

www.ordoulas.org

OREGON MEMORIAL ASSOCIATION

www.omaoregon.org

PEACEFUL PRESENCE (GUIDE TERMINALLY ILL & LOVED ONES THROUGH END-OF-LIFE PROCESS)

www.peacefulpresence.org www.thepeacefulpresenceproject.org

PEOPLE'S MEMORIAL ASSOCIATION – WASHINGTON

www.peoplesmemorial.org

RECOMPOSE FUNERAL

www.recompose.life

RETURN HOME FUNERAL

www.returnhome.com

ETHICS

CENTER FOR ETHICS IN HEALTH CARE – OREGON HEALTH & SCIENCE UNIVERSITY

www.ohsu.edu

FALLS PREVENTION

FALLS PREVENTION FOR OLDER ADULTS – OREGON HEALTH AUTHORITY

www.oregon.gov

FALLS PREVENTION PROGRAMS – OREGON WELLNESS NETWORK

www.oregonwellnessnetwork.org/falls/#tcmbb

OREGON FALLS PREVENTION PROGRAM

www.oregon.gov/oha

SENIOR SLIPS AND FALLS GUIDE

www.browncrouppen.com/elderly-slips-and-falls-guide/

WALK WITH EASE

www.walk.oregonstate.edu

FAMILY PRACTICE ASSOCIATIONS

AMERICAN ACADEMY OF FAMILY PRACTICE

www.aafp.org

OREGON ACADEMY OF FAMILY PHYSICIANS

www.oafp.org

FOOD RESOURCES

FOOD RESOURCES IN OREGON

<https://www.oregon.gov/odhs/food/Pages/default.aspx>

Call 211 to find Food Pantries/Pick Up Sites/Delivery Options

MEALS ON WHEELS

www.mealsonwheelsamerica.org

OREGON DEPARTMENT OF HUMAN SERVICES FOOD RESOURCES

www.oregon.gov

OREGON FOOD BANK

<https://www.oregonfoodbank.org/find-support>

OREGON FOOD FINDER

www.foodfinder.oregonfoodbank.org

THE TEN SEVENTEEN PROJECT (SERVING FOOD-INSECURE FAMILIES ALL OVER OREGON)

www.1017project.com

WHERE TO FIND FOOD RESOURCES IN OREGON

<https://oregonhunger.org/2026/02/where-to-find-food-resources-in-oregon/>

GERIATRIC MEDICINE

AMERICAN GERIATRICS SOCIETY (AGS)

www.americangeriatrics.org

OREGON GERIATRICS SOCIETY (OGS)

www.oregongeriatricsociety.org

HEALTH PROFESSIONALS ASSOCIATIONS

OREGON MEDICAL ASSOCIATION

www.theoma.org

THE FOUNDATION FOR MEDICAL EXCELLENCE

www.tfme.org

HOME CARE

AGING LIFE CARE ASSOCIATION

www.aginglifecare.org

AMERICAN ACADEMY OF HOME CARE MEDICINE (AAHCP)

www.aahcp.org

OREGON ASSOCIATION FOR HOME CARE

www.oahc.org

US AGING – LEADERS IN AGING WELL AT HOME

www.usaging.org

HOSPICE & PALLIATIVE CARE

AMERICAN ACADEMY OF HOSPICE AND PALLIATIVE MEDICINE (AAHPM)

www.aahpm.org

HOSPICE AND PALLIATIVE NURSES ASSOCIATION (HPNA)

www.hpna.org

NATIONAL HOSPICE & PALLIATIVE CARE ORGANIZATION (NHPCO)

www.nhpc.org

OREGON HOSPICE & PALLIATIVE CARE ASSOCIATION

www.oregonhospice.org

OREGON NONPROFIT HOSPICE ALLIANCE (ONHA)

www.onhanetwork.org

HOSPITAL MEDICINE

SOCIETY OF HOSPITAL MEDICINE – OREGON & SW WASHINGTON

www.hospitalmedicine.org/chapter-overview/oregon-sw-washington-chapter/

THE SOCIETY OF HOSPITAL MEDICINE (SHM)

www.hospitalmedicine.org

HOUSING – SENIOR LIVING

ASSOCIATION OF SENIOR REFERRAL PROFESSIONALS OF WASHINGTON (ASRP)

www.asrpwa.org

CARE AVAILABILITY

www.careavailability.com

HOME FORWARD – HOUSING AUTHORITY MULTNOMAH COUNTY

www.homeforward.org

NORTHWEST PILOT PROJECT – MULTNOMAH COUNTY

www.nwpilotproject.org/housing-contact/

OREGON INDEPENDENT LIVING COUNCIL (SILC)

www.oregon.gov

OREGON LONG-TERM CARE FACILITY LICENSING & QUALITY ASSURANCE

<https://www.oregon.gov/odhs/aging-disability-services/Pages/long-term-care-quality.aspx>

PORTLAND SENIOR HOUSING

www.portlandseniorhousing.com

RETIREMENT CONNECTION

www.retirementconnection.com

IMMUNIZATION / VACCINES

BOOST OREGON – VACCINATION INFORMATION

www.boostoregon.org

IMMUNIZE OREGON

www.immunizeor.org

OREGON IMMUNIZATION PROGRAM

www.state.or.us www.oregon.gov

INSURANCE

CARE OREGON

www.careoregon.org

SENIOR HEALTH INSURANCE BENEFITS ASSISTANCE (SHIBA)

www.healthcare.oregon.gov/shiba

OREGON MEDICAID LONG-TERM CARE QUALITY & REIMBURSEMENT ADVISORY COUNCIL

www.oregon.gov

INTERNAL MEDICINE

AMERICAN COLLEGE OF PHYSICIANS (ACP)

www.acponline.org

OREGON CHAPTER AMERICAN COLLEGE OF PHYSICIANS

www.oregonacp.org

SOCIETY OF GENERAL INTERNAL MEDICINE

www.sgim.org

SOCIETY OF GENERAL INTERNAL MEDICINE – NORTHWEST CHAPTER

www.sgim.org/sgim-community/regions/northwest/

INTERPRETER SERVICES

OREGON HEALTH CARE INTERPRETER ASSOCIATION

www.ohcia.org

LATINO

LATINO COMMUNITY ASSOCIATION

www.latinocommunityassociation.org

LGBTQ+

ADRC OF OREGON

www.adrcforegon.org/consumersite/index.php

FRIENDLY HOUSE SENIOR & ELDER PRIDE SERVICES (formerly Sage Metro Portland)

www.fhpdx.org

LGBTQ+ NATIONAL HOTLINE

www.glbthotline.org/national-hotline.html 1-888-843-4564

SAGE CARE

www.sagecare.org

LONELINESS

LINES FOR LIFE

www.linesforlife.org

NATIONAL COUNCIL ON AGING (RESOURCES/SUPPORT OLDER ADULTS LIVING ALONE)

www.ncoa.org

OREGON WARMLINE (24/7 / 365 FREE SERVICE FOR OREGONIANS)

www.warmline.org 1-800-698-2392

OREGON SENIOR PEER OUTREACH---WASHINGTON COUNTY

www.ccswebsite.org/programs/senior0outreach

OREGON STATEWIDE SERVICE OF LINES FOR LIFE – SENIOR LONELINESS LINE

www.seniorlonelinessline.org/ 1-800-282-7035 or 1-503-200-1633

OREGON OPTIONS for PEOPLE to ADDRESS LONELINESS (OPAL)

1-541-423-1372. Free 6-Session Program.

MEDICAL BOARD – OREGON

OREGON MEDICAL BOARD

www.oregon.gov/omb

MEDICATIONS

CARE OREGON

www.careoregon.org

DEPRESCRIBING GUIDELINES/ALGORITHMS/RESOURCES

www.deprescribing.org/resources/deprescribing-guidelines-algorithms

MEDUCATION TEAM

www.meducationteam.com

NATIONAL INSTITUTE ON AGING – TAKING MEDICINES SAFELY AS YOU AGE

www.nia.nih.gov

THE OREGON STATE DRUG REVIEW – OREGON STATE UNIVERSITY COLLEGE PHARMACY

www.pharmacy.oregonstate.edu/drug-policy/newsletter

MEMORY CARE

MEMORY CAFÉ DIRECTORY

www.memorycafedirectories.com

MENTAL HEALTH – See Addiction

MOBILITY

HOME SAFETY FOR OLDER ADULTS: A COMPREHENSIVE GUIDE 2024

www.home [Home Safety for Older Adults: A Comprehensive Guide 2024 \(ncoa.org\)](http://www.ncoa.org)

NURSING

AMERICAN ACADEMY OF NURSE PRACTITIONERS (AANP)

www.aanp.org

AMERICAN ACADEMY OF NURSING (AAN)

www.aannet.org

AMERICAN ASSISTED LIVING NURSES ASSOCIATION (AALNA)

www.aalna.org

AMERICAN ASSOCIATION OF NURSE ASSESSMENT COORDINATION (AANAC)

www.aanac.org

AMERICAN ASSOCIATION OF NURSE PRACTITIONERS (AANP)

www.aanp.org

AMERICAN ASSOCIATION FOR LONG-TERM CARE NURSING (AALTCN)

www.aaltcn.org

AMERICAN COLLEGE NURSE PRACTITIONERS (ACNP)

www.acnpweb.org

AMERICAN NURSES ASSOCIATION (ANA)

www.nursingworld.org

AMERICAN NURSES ASSOCIATION---GERIATRIC NURSING

www.geronurse-online.org

AMERICAN NURSES CREDENTIALING CENTER

www.nursecredentialing.org

AMERICAN SOCIETY FOR PAIN MANAGEMENT NURSING

www.aspmn.org

GERONTOLOGICAL ADVANCED PRACTICE NURSES ASSOCIATION (GAPNA)

www.gapna.org

HOME HEALTHCARE NURSES ASSOCIATION (HHNA)

www.hhna.org

**NATIONAL ASSOCIATION OF DIRECTORS OF NURSING ADMINISTRATION
IN LONG-TERM CARE (NADONA/LTC)**

www.nadona.org

NATIONAL ASSOCIATION OF LICENSED PRACTICAL NURSES (NALPN)

www.nalpn.org

NATIONAL GERONTOLOGICAL NURSES ASSOCIATION (NGNA)

www.ngna.org

NURSELEARN

www.nurselearn.com

NURSE PRACTITIONER ONLINE

www.nursepractioneronline.com

NURSE PRACTITIONERS OF OREGON (NPO)

www.nursepractitionersoforegon.org

OREGON CENTER FOR NURSING

www.oregoncenterfornursing.org

OREGON NURSES ASSOCIATION (ONA)

www.oregonrn.org

OREGON NURSING HOME ADMINISTRATORS BOARD (ONHA)

www.oregon.gov.ohla

OREGON STATE BOARD OF NURSING (OSBN)

www.osbn.state.or.us

UNIVERSITY OF WASHINGTON SCHOOL OF NURSING

www.uw.edu

WASHINGTON STATE NURSES ASSOCIATION (WSNA)

www.wsna.org

NUTRITION

BLUE ZONE – LIVE BETTER, LONGER

www.bluezones.com

CARE OREGON – NUTRITION SUPPORTS

www.careoregon.org

NUTRITION OREGON

www.nutritionoregon.com

OREGON HEALTH PLAN – NUTRITION BENEFITS

www.oregon.gov/OHA/HSD/OHP/Pages/Nutrition.aspx

SAVOREASE

www.savorease.com

OCCUPATIONAL THERAPY

OCCUPATIONAL THERAPY ASSOCIATION OF OREGON

www.otaoc.com

OMBUDSMAN

OREGON LONG-TERM CARE OMBUDSMAN

www.oltco.org ltco.info@rights.oregon.gov 1-800-522-2602 1-503-378-6533

OREGON RESIDENTIAL FACILITIES OMBUDSMAN

www.oregon.gov rfo.info@rights.oregon.gov 1-844-674-4567 1-503-378-6852

OSTEOPATHIC MEDICINE

OSTEOPATHIC PHYSICIANS & SURGEONS OF OREGON (OPSO)

www.opso.org

PARKINSON'S DISEASE

PARKINSON'S RESOURCES OF OREGON (PRO)

www.parkinsonsresources.org

PATIENT SAFETY

OREGON PATIENT SAFETY COMMISSION (OPSC)

www.oregonpatientsafety.org

PHARMACY

AMERICAN SOCIETY OF CONSULTANT PHARMACISTS (ASCP)

www.ascp.com

OREGON SOCIETY OF HEALTH SYSTEM PHARMACISTS (OSHP)

www.oshp.org

OREGON STATE PHARMACY ASSOCIATION (OSPA)

www.oregonpharmacy.org www.oregonpharmacists.com

WASHINGTON STATE PHARMACY ASSOCIATION

www.wsparx.org

PHYSICAL THERAPY

AMERICAN PHYSICAL THERAPY ASSOCIATION – OREGON CHAPTER (APTA)

www.aptaoregon.org

OREGON BOARD OF PHYSICAL THERAPY

www.oregon.gov

PHYSICIAN ASSOCIATES

AMERICAN ACADEMY OF PHYSICIAN ASSOCIATES (AAPA)

www.aapa.org

OREGON SOCIETY OF PHYSICIAN ASSOCIATES (OSPA)

www.oregonpa.org

POST-ACUTE AND LONG-TERM CARE

LONG-TERM CARE ADMINISTRATORS BOARD/NURSE HOME ADMINISTRATORS

www.oregon.gov

OREGON AGING AND DISABILITY RESOURCE CONNECTION OF OREGON

www.adrcforegon.org/consumersite/connect/ 1-855-673-2372

OREGON DEPARTMENT OF HUMAN SERVICES LONG-TERM CARE OPTIONS

<https://www.oregon.gov/odhs/>

OREGON HEALTH CARE ASSOCIATION

www.ohca.com

PALTmed - POST-ACUTE & LONG-TERM CARE MEDICAL ASSOCIATION

www.paltmed.org

PALTmed-OREGON (OREGON POST-ACUTE & LONG-TERM MEDICINE)

www.paltmed.org/chapters

PALTmed-WASHINGTON

www.paltmed.org/chapters

PSYCHIATRY / PSYCHOLOGICAL

AMERICAN ASSOCIATION FOR GERIATRIC PSYCHIATRY (AAGP)

www.aagponline.org

AMERICAN PSYCHIATRIC NURSES ASSOCIATION (APNA)

www.apna.org

AMERICAN PSYCHOLOGICAL ASSOCIATION (APA)

www.apa.org

OREGON PSYCHIATRIC ACCESS LINE (OPAL)

www.ohsu.edu/OPAL 1-855-966-7255 (Psychiatric Phone Consult for Primary Care Professionals)

OREGON PSYCHIATRIC PHYSICIANS ASSOCIATION

www.oregonpsychiatric.org

OREGON PSYCHOLOGICAL ASSOCIATION (OPA)

www.opa.org

TUALITY HEALTHCARE CENTER GERIATRIC PSYCHIATRY

www.tuality.org

PUBLIC HEALTH

NORTHEAST OREGON NETWORK (LaGrande) (Addiction/Food/Housing/Insurance)

www.neonoregon.org/resources

OREGON COALITION OF LOCAL HEALTH OFFICIALS

www.oregonclho.org

OREGON GOVERNOR'S COMMISSION ON SENIOR SERVICES

Enhance & protect the quality of life for all older Oregonians.

<https://www.oregon.gov/odhs/agency/pages/qcss.aspx>

OREGON HEALTH AUTHORITY (OHA)

www.oregon.gov/oha

OREGON PUBLIC HEALTH ASSOCIATION (OPHA)

www.oregonpublichealth.org

OREGON PUBLIC HEALTH INSTITUTE (OPHI)

www.ophi.org

OREGON RURAL HEALTH ASSOCIATION (Helping Rural Practitioners-Rural Health Issues)

www.orha.wildapricot.org

READMISSION PREVENTION

NATIONAL READMISSION PREVENTION COLLABORATIVE

www.nationalreadmissionprevention.com

RURAL HEALTH - OREGON

OREGON OFFICE OF RURAL HEALTH

<https://www.ohsu.edu/oregon-office-of-rural-health>

OREGON RURAL HEALTH ASSOCIATION

www.orha.wildapricot.org

SOCIAL SERVICES

CENTRAL CITY CONCERN

www.centralcityconcern.org

COUNCIL ON AGING OF CENTRAL OREGON

www.councilonaging.com 1-541-678-5483

OREGON DEPARTMENT OF HUMAN SERVICES – AGING & DISABILITY SERVICES

www.oregon.gov

OREGON AGING & DISABILITY RESOURCE CONNECTION OF OREGON (ARDC)

www.adrcforegon.org 1-855-673-2372

OREGON WELLNESS NETWORK (OWN)

www.oregonwellnessnetwork.org

SOCIAL WORKERS

NATIONAL ASSOCIATION OF SOCIAL WORKERS (NASW)

www.nasw.org

OREGON CHAPTER NATIONAL ASSOCIATION OF SOCIAL WORKERS

www.nasworegon.org

OREGON SOCIETY OF CLINICAL SOCIAL WORKERS

www.oscsw.org

SUCIDE PREVENTION

988 SUICIDE & CRISIS LIFELINE

www.988lifeline.org (Call or Text 988)

AMERICAN FOUNDATION FOR SUICIDE PREVENTION – OREGON CHAPTER

www.afsp.org/chapter/oregon/

LINES FOR LIFE PORTLAND

www.linesforlife.org

OREGON ALLIANCE TO PREVENT SUICIDE

www.oregonalliancepreventsuicide.org

OREGON HEALTH AUTHORITY SUICIDE PREVENTION- OREGON CRISIS RESOURCES

www.oregon.gov

OREGON STATE SUICIDE PREVENTION RESOURCE CENTER

www.sprc.org/states/oregon

OREGON SUICIDE PREVENTION

www.oregonsuicideprevention.org

TELEHEALTH

NORTHWEST REGIONAL TELEHEALTH RESOURCE CENTER

www.nrtrc.org

TRAUMA – BRAIN INJURY

BRAIN INJURY ALLIANCE OF OREGON (BIAOR)

www.biaoregon.org 1-800-544-5243

TRAUMA INFORMED OREGON

www.traumainformedoregon.org

TRIBAL HEALTH

CARE OREGON – TRIBAL CARE COORDINATION

www.careoregon.org

INDIAN HEALTH SERVICE (IHS)

www.ih.sgov/Portland

OREGON HEALTH & SCIENCE UNIVERSITY – RURAL TRIBAL CLINICS

www.ohsu.edu/oregon-office-of-rural-health/rural-tribal-clinics

OREGON HEALTH AUTHORITY – TRIBAL PARTNERSHIPS

www.oregon.gov

VETERANS'

OREGON DEPARTMENT OF VETERANS' AFFAIRS: AGING VETERAN SERVICES DIVISION

www.oregon.gov/odva/agency-programs/avs

VETERAN BENEFITS, SERVICES, RESOURCES, PROGRAMS, & OUTREACH

www.oregon.gov/odva/resources/Pages/Aging-Veterans.aspx

VETERANS' CRISIS LINE

www.veteranscrisisline.net 1-800-273-8255

VISION

VISION CONCERNS FOR SENIORS

www.zocdoc.com/blog/eye-health-for-seniors-a-guide-to-vision-concerns-for-aging-eyes/

VISION CARE FOR VETERANS

www.diagnosticeyecenter.com/2024/04/04/a-comprehensive-guide-to-vision-care-for-veterans

WELLNESS

OREGON WELLNESS NETWORK

www.oregonwellnessnetwork.org 1-833-673-9355

OREGON WELLNESS PROGRAM – FREE COUNSELING HEALTH CARE PROFESSIONALS

www.oregonwellnessprogram.org

PREVENTION AND WELLNESS - OREGON HEALTH AUTHORITY

www.oregon.gov

RESOURCES - AMERICAN PSYCHIATRIC ASSOCIATION

www.psychiatry.org/psychiatrists/practice/well-being-and-burnout/well-being-resources

RESOURCES – OREGON MEDICAL ASSOCIATION

www.theoma.org/oma/OMA/Learn-content/Wellness-Resources.aspx

TAI CHI: MOVING FOR BETTER BALANCE – OREGON HEALTH AUTHORITY

www.oregon.gov

TAI CHI – BASECAMP PREVENTION & WELLNESS

www.providencebasecamp.org/taichi

WALK WITH EASE – OREGON STATE UNIVERSITY

www.extension.oregonstate.edu/walk-ease

WELL-BEING / PROFESSIONAL SUPPORT - AMERICAN COLLEGE OF PHYSICIANS

<https://www.acponline.org/practice-career/physician-well-being-and-professional-fulfillment/im-emotional-support-hub>

WELL-BEING / OTHER RESOURCE LINKS

State and Local Resources

- [Oregon Wellness Program Video: Physician Wellness](#)
- [Lane County Medical Society Provider Wellness Program](#) | 541-686-0995
- [Oregon Health and Science University Resident & Faculty Wellness Program](#)
- [Oregon Medical Board Wellness Resources](#) | 971-673-2700
- [Patient-Centered Primary Care Institute Clinician Academy](#) | 503-241-3571
- [The Foundation for Medical Excellence](#) | 503-222-1960

Nationwide Resources

- [Physician Support Line](#) | 888-409-0141
- [American Medical Association Steps Forward Program](#)
- [American Medical Association Physician Wellness Program](#)
- [Depression and Bipolar Support Alliance](#) | 800-826-3632
- [Federation of State Physician Health Programs](#) | 978-347-0603
- [Hazelden Treatment Program for Health Care Professionals](#) | 800-257-7800